

# PHSE LONG TERM CURRICULUM OVERVIEW

FOUNDATION STAGE		Children at the expected level of development will: Participate in small group, class and one-to-one discussions, offering their own ideas, using recently introduced vocabulary; - Offer explanations for why things might happen, making use of recently introduced vocabulary from stories, non-fiction, rhymes and poems when appropriate; - Express their ideas and feelings about their experiences using full sentences, including use of past, present and future tenses and making use of conjunctions, with modelling and support from their teacher.					
		Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
		Being me in my world	Celebrating difference	Relationships	Healthy me	Dreams and goals	Changing me
KS1	Cycle 1	Rights and Responsibilities	Celebrating difference	Families and People who help us at school	How to keep ourselves healthy	Working together and celebrating achievements	Understanding life cycles and our bodies
	Cycle 2	Natural consequences	Stereotypes - gender	Friendship	How to keep ourselves safe	Perseverance and overcoming obstacles	Understanding life cycles and our bodies
LKS2	Cycle 1	Rules, rights, responsibilities and consequences	Similarities and differences - race, gender, disability, religion	Families and family differences	Making Healthy Choices	Being resilient and positive attitudes	Reproduction and changing bodies
	Cycle 2	Self-identity, perspectives and resilience	Assumptions and Influences	Friendships, jealousy and managing conflict	Being safe and peer pressure	Hopes and Dreams	Reproduction and changing bodies
UKS2	Cycle 1	Democracy and active citizenship	Cultural differences, conflict and racism	Self-recognition and self-worth	Healthy mind and body	My dreams and aspirations for the future	Puberty and Reproduction
	Cycle 2	Peer Pressure, Anti-Social behaviour and being a role model	Perceptions of normality	Healthy Relationships	Peer Pressures, risks and responsibilities	How I can change the world	Puberty and reproduction